



## RESOURCES IN YOUR COMMUNITY

If you or someone you know is in crisis - **Please call 211.**

It is always FREE, CONFIDENTIAL and AVAILABLE 24/7.

Can help with \*Emergency shelter \*Rent assistance \*Utility assistance \*Substance abuse

\*Elder services \*Relationships \*Food \*Depression \*Employment \*Health care \*Abuse

\*Parenting \*Crisis intervention \*Suicide prevention \*Disaster recovery \*and more

**988 is the National Suicide & Crisis Line**

If you or someone you know needs support now call or text 988 or chat 988lifeline.org

The Johnstown-Monroe School District does not offer an opinion as to the need for, or quality of, listed services or supports; this resource list is offered to assist families in our district research options. It may not include all available supports as community and private agencies can change. Please call the guidance counselor or student support specialist at one of our schools for further assistance.

## COMMUNITY SUPPORT AGENCIES

### **Behavioral Healthcare Partners of Central Ohio, Inc.**

*Outpatient Mental Health Treatment*

*Residential and Outpatient Alcohol and Drug Treatment*

P.O. Box 4670, Newark, Ohio 43058

Main Line: (740) 522-8477

1 (800) 593-6330

Crisis Intervention Services Line: Monday-Friday 8am-5pm: 1 (877) 593-6330

All other times: dial 211 or 1 (800) 544-1601

Website: <http://www.bhcpartners.org/>

Cost: Accepts Medicaid and many insurance plans; otherwise, may offer a sliding scale

Services:

- Urgent support: Care Now Clinic- Newark, ,104 E. Main Street, 740.963.3590; Mt. Vernon,206 S. Mulberry Street, Suite A, 740.324.7800. 8:30 am- 5 pm; ages 12 and up
- Outpatient Therapy: Individual, family, and group therapy; alcohol/drug treatment services
- Crisis Intervention: 24/7 emergency response for youth and adults experiencing a mental health or alcohol/drug crisis – contact through 211
- Also offered: assessment; case management; community housing assistance, employee assistance services; intensive community-based teams; intensive home-based treatment; medical/psychiatric; representative payee; residential alcohol/drug treatment; residential housing; school based programming; vocational services. Visit website or call main line for more information.



### **Boundless**

*Coordinated care for intellectual/developmental disabilities and behavioral health challenges*

The Boundless family of companies has nearly forty years of expertise providing person-centered care to children, adults, and families with intellectual and developmental disabilities and/or behavioral health challenges.

- Center-Based Program for Youth with Autism
- Outpatient Behavioral Health
- Parent-Directed Program
- Summer Youth Programs

140 W. Church Street

Newark, OH 43055

(740) 334-4056

Website: [www.infor@imboundless.org](mailto:www.infor@imboundless.org)

### **Heartbeats of Licking County**

*Pregnancy support and New parent assistance*

336 E Main St, Newark, OH 43055

Main Line: (740) 349-7558

Website: <https://heartbeats.org/>

### **Hospice of Central Ohio**

*Grief Support*

Individualized grief support, school grief support through groups, connection to community resources and events.

Maria Johnson at 740.788.1400 and Sheri Weiner at 740.788.1482

Main Line: (740) 788-1400

Website: <https://hospiceofcentralohio.org/grief-healing/>

### **Integrated Services**

*Outpatient Mental Health Treatment*

For youth and adults experiencing mental health or alcohol/drug crisis level challenges

- Home and community based throughout Licking County
- Accepts agency and self-referral

131 West Main Street

Newark, OH 43130

1-800-321-8293

Website: <https://integratedservice.org>

### **Licking Alcoholism Prevention Program (LAPP)**

*Outpatient Drug and Alcohol Treatment*

Main Line: (740) 366-7303

Website: [www.lapp.cc](http://www.lapp.cc)

### **Licking County Board of Developmental Disabilities**

*Home and Community Based Support*

- Birth-to-three-years-old support for children
- Case management for all eligible developmental disabilities, all ages
- Job training and support for young teens and adults with developmental disabilities

116 N 22nd St, Newark, OH 43055 / (740) 349-6588

Website: <http://lcountydd.org/>



**Licking County Children and Families First Council**

*Service Coordination and Wrap Around support for high need children*

- Family centered support for all ages
- Designated support person to navigate multi-system involved children
- Referrals come from community agencies and interested families
- Website has link to access parenting support

(740) 670-8844

Website: <https://www.lcfamilies.org/>

**Licking County Health Department**

*Vaccinations, WIC, Public Health Nursing, Help Me Grow*

Main Line: (740) 349-6535

Website: [www.lickingcohealth.org](http://www.lickingcohealth.org)

**Licking County Job and Family Services**

*Employment training, Cash assistance, Medical coverage, Food assistance*

*Social services supports for all ages*

Main Line: (740) 670-8999

Website: [www.lickingcountyjfs.com](http://www.lickingcountyjfs.com)

**Lower Lights Christian Health Center**

<https://llchc.org/>

(614) 274-1455

Multiple locations in Columbus, Westerville, and Marysville with new location in Newark

Programs: office-based individual and group counseling, family counseling, psychological evaluations, no psychiatry services, limited substance abuse counseling, case management services; offers wide range of comprehensive health services (pharmacy, vision, dental, medical).

**The Main Place Inc. of Licking County**

*Consumer-Operated Recovery Services*

Main Line: (740) 345-6246

Website: [www.themainplace.org](http://www.themainplace.org)

**Mental Health America of Licking County**

*Mental Health Advocacy, Education and Prevention*

65 Messimer Drive, Newark, Ohio 43055

Main Line: (740) 522-1341

Email: [mhalc@alink.com](mailto:mhalc@alink.com)

Website: [www.mhalc.org](http://www.mhalc.org)

Cost: NO charge for services

Programs: Bridges Out of Poverty; Compeer; GRIT; Parent Support; Self-Advocacy; Suicide Prevention; Youth Engaged in Service (YES) Club; Family Peer Mentoring

**Mid Ohio Psychological Services, Inc.**

68 West Church Street, Suite 318, Newark, Ohio 43055

Main Line: (740) 281-1777

Website: <http://www.mopsOhio.com/>

Cost: Accepts Medicaid; otherwise, out-of-pocket

Services: Provides individual and/or family counseling to children 5+ and their families



**National Youth Advocate Program**

15 N Third Street, Suite 300, Newark, Ohio 43055

Main Line: (740) 349-7511

Website: <http://www.nyap.org/>

Services: Behavioral and Mental Health, Emergency Shelter, Foster Care, Crisis Services, etc.

**Nationwide Children's Hospital Behavioral Health Services: Newark Close to Home**

75 South Terrace Avenue

Newark, OH 43055

Website: <https://www.nationwidechildrens.org/locations/close-to-home-locations/newark>

Main Line: (740) 522-3221

Services: Outpatient behavioral and mental health supports by appointment.

**Native Alliance Wellness Center**

<https://www.nativealliancewellnesscenter.net/>

131 Oak Meadow Dr Suite 103

Pataskala, Ohio 43062

(740) 963-6863

- Adolescent drug and alcohol treatment
- Growing Teen Advocates
- Alcohol, substance, and gambling treatment
- Mental health counseling- office and home based available

**Our Lady of Guadalupe Center**

<https://www.colscss.org/our-lady-of-guadalupe-center/>

(614) 340-7061 Translation services, case management, and general information

(614) 341-2282 Food pantry appointments

- English classes
- Food assistance
- Health screenings
- Covid 19 vaccine information and support

**Opportunities for Ohioans with Disabilities**

[www.ood.ohio.gov](http://www.ood.ohio.gov)

(800) 645-1094

Jobs, independence and benefits for all Ohioans with disabilities.

- Supports for visual impairments
- Vocational rehabilitation – job support for students from age thirteen through adulthood
- Disability determination



**PATHWAYS of Central Ohio Serving Licking and Knox Counties**

*Drug and Alcohol Prevention and Community Hotline*

1627 Bryn Mawr Drive, Newark, Ohio 43055

Main Line: (740) 345-6166

Parent Education Center Line: (740) 345-6166 x 230

Main Website: <http://pathwaysofcentralohio.com>

Parent Education Center Website: <http://pathwaysofcentralohio.com/parent-education-center/>

Cost: NO CHARGE

Services:

- Direct services not provided—refers to counseling services in the area
- Parenting groups: Parent Education Center provides programs to meet the needs of parents and their children through parenting workshops, individualized parenting programs brought to your home, and empowering parents to become advocates for their children.

**PBJ Connections**

*Individual and group counseling*

- Horse assisted individual and group counseling
- Traditional and office based counseling
- Family coaching
- Accepts many insurance companies

9734 Jug Street Rd NW,

Pataskala OH 43062

Phone: (740) 924-7543

Website: <http://www.pbjconnections.org/>

**Southeastern Ohio Legal Services**

*Wide array of legal supports and services*

- Fair housing
- Public benefits
- Access to courts
- Domestic violence
- Legal resources for young adults

15 West Locust Avenue, Suite A

Newark, Ohio 43055

Main Line: 740.345.0850 or 888.831.9412 (toll free)

**The Village Network**

14 Sandalwood Drive Newark OH 43055

Main Line: (740) 788-8850

Services:

- Outpatient: Individual, family, and group therapy/counseling
- Works with multiple insurances



**The Woodlands Serving Central Ohio, Inc**

*Outpatient Mental Health Treatment and Shelter for Victims of Domestic Violence*

195 Union Street, Suite B-1, Newark, Ohio 43055

Main Line: (740) 349-7066

Website: <http://www.thewoodland.org/>

Cost: Accepts Medicaid, Medicare, and most insurances. Funding may be available for individuals without insurance.

Services:

- Outpatient: Individual, family, and group therapy/counseling for individual aged 6+
- Center for New Beginnings: Free, confidential emergency shelter and services to individuals who are victims of domestic violence.
- Outreach services: Educational programming/courses to address anger management, domestic violence, children and divorce, and healthy dating relationships among teens.



## ADDITIONAL RESOURCES IN BORDER COUNTIES

### **Access Ohio**

[www.accessoh.com](http://www.accessoh.com)

99 N. Brice Rd. Columbus, Ohio 43213

8100 Ravines Edge Court Worthington, Ohio 43235

(614) 367-7700

Programs: individual and group counseling, psychiatry, medication management and psychological evaluations; helps kids with ADHD, autism, bipolar disorder, depression, OCD, post-traumatic stress disorder, behavior problems and more Eligibility: males and females, age 2 and older Cost: government insurance (Medicaid, Molina, Caresource) and limited private insurance, no self-pay Referral: individuals may refer themselves or be referred by a physician or organization

### **The Bair Foundation**

[www.bair.org](http://www.bair.org)

Programs include comprehensive mental health assessment, treatment planning, and counseling. Offers home based interventions, crisis support, and family intervention.

665 E. Dublin Granville Rd., Columbus, OH 43229

614-846-6265

### **Behavioral Healthcare Pavilion – Nationwide Children’s Hospital**

(614) 355-8080

Programs: Emergency assessment and stabilization, Partial hospitalization, Intensive outpatient, traditional office-based individual and family counseling, offers many programs, including substance abuse counseling, anger management, developmental delays, behavior problems, ADHD, exposure to violence, depression, anxiety, autism, psychiatry, medication management, psychological evaluations, developmental assessments, parenting classes and eating disorder management Eligibility: males and females, birth to age 21 Cost: government insurance (Medicaid, Molina, Caresource), private insurance, self pay Referral: patients may refer themselves or be referred by a physician

[www.nationwidechildrens.org](http://www.nationwidechildrens.org)

### **The Buckeye Ranch**

4653 East Main Street

Whitehall, Ohio 43213

(614) 875-2371

Offerings: Same Day Access, Permanent Family Solutions Network (PFSN), Foster Care, Bridges, Clinical community Based Programs, Outpatient, Medication Management and Somali Outreach program

[www.buckeyeranch.org/](http://www.buckeyeranch.org/)



**Columbus Springs, Inc.**

<https://columbusprings.com/>

Treatment of addiction and mental health at four locations:

Columbus Springs Dublin  
Inpatient & Outpatient Programs for Adults  
7625 Hospital Drive  
Dublin, OH 43016  
614-344-9209

Changes®  
Adult & Adolescent Outpatient Programs  
6810 Perimeter West, Suite 100B  
Dublin, OH 43016  
614-379-3878

Columbus Springs East  
Inpatient & Outpatient Programs for Adults  
2085 Citygate Drive  
Columbus, OH 43219  
614-350-4532

Changes®  
Adult, Child & Adolescent Outpatient Programs  
1310 Hill Rd N., Suite 104  
Pickerington, OH 43147  
614-962-6488

**Columbus Behavioral Health**

www.columbusbehavioralhealth.com  
5071 Forest Drive, Suite B, New Albany, OH 43054  
(614) 360-2600

Programs: office-based counseling for mental health concerns, such as depression, ADHD, school problems and other concerns, medication management

Cost: private insurance and self-pay (sliding scale fees based on income)

Referral: individuals may refer themselves

**Concord Counseling Services**

[www.concordcounseling.org](http://www.concordcounseling.org)  
774 Park Meadow Rd. Westerville, Ohio 43081  
(614) 882-9338, ext 205

Programs: office-based counseling for mental health concerns, such as depression, ADHD, school problems and other concerns, psychiatry, no ADHD testing but counseling and psychiatric management for kids with ADHD

Eligibility: males and females, age 4 and older Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician or organization

**Directions for Youth & Families**

www.dfyf.org  
1515 Indianola Ave. Columbus, Ohio 43201 614-294-2661  
1414 E. Broad St. Columbus, Ohio 43205 614-294-2661

Program: in-home individual and family counseling and group counseling for kids with drug and alcohol abuse issues Eligibility: males and females, ages 12 to 17 Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by someone else





**Dublin Counseling Center (DCC)**

[www.dublincounselingcenter.org](http://www.dublincounselingcenter.org)

299 Cramer Creek Ct. Dublin, Ohio 43017

(614) 889-5722

Programs: office-based individual and group counseling, family counseling, psychological evaluations, no psychiatry services, limited substance abuse counseling, case management services; offers wide range of counseling services to help with issues such as ADHD/ADD, trauma, violence, physical and sexual abuse, anxiety, depression, eating disorders and behavior problems; support groups for adults as well Eligibility: males and females, age 4 and older Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay Referral: individuals may refer themselves or be referred by a physician or organization

**The Emily Program**

8001 Ravines Edge Court

Columbus, OH 43235

Toll-Free: 1-888-364-5977

Front Desk Extension: 4000

Eating Disorder care offered in person and through virtual platforms. Comprehensive support including intensive partial hospitalization/ and intensive to traditional outpatient services.

<https://emilyprogram.com/locations/ohio/>

**Ethiopian Tewahedo Social Services**

1060 Mt. Vernon Ave., Columbus, Ohio 43203

(614) 252-5362

ETSS is proud to provide programs and services designed to increase the wellness of the whole family through our Youth Programs, Adult Programs and Family Care Department. Our programs span from ages 5 years old to adulthood and are located all throughout Columbus. Additionally, we offer a few fees for services options such as translation and cultural competency training. Refugee resettlement, food support, and multiple staff fluent in multiple languages

<https://ethiotss.org/>

**Lower Lights Christian Health Center**

<https://llchc.org/>

(614) 274-1455

Multiple locations in Columbus, Westerville, and Marysville

Programs: office-based individual and group counseling, family counseling, psychological evaluations, no psychiatry services, limited substance abuse counseling, case management services; offers wide range of comprehensive health services (pharmacy, vision, dental, medical).

**North Central Mental Health Family Focus**

[www.ncmhs.org](http://www.ncmhs.org)

1301 N. High St. Columbus, Ohio 43201

(614) 227-6865

Programs: office-based individual substance abuse counseling, psychiatry, parenting classes and psychiatric evaluations Eligibility: males and females, teens and adults Cost: government insurance (Medicaid, Molina, Caresource), occasionally self-pay, no private insurance Referral: individuals may refer themselves or be referred by a physician or organization



### **Northwest Counseling Services**

www.northwestcounselingservices.org

1560 Fishinger Rd. Columbus, Ohio 43221

(614) 457-7876

Programs: office-based individual and group counseling, psychiatry, family counseling, parenting education, support groups, offers help to kids with ADHD, poor school performance, family conflict, behavior problems, and more Eligibility: males and females, teens and adults Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician or organization

### **OhioGuidestone – Franklin County**

195 N Grant Ave, Suite 250, Columbus, Ohio 43215

Main Line: (888) 522-9174

Service Inquiry: (440) 260-8300

Website: <http://www.ohioguidestone.org/>

Programs: Home and Community Based Counseling and Support; Individual Youth Mentoring; Parent Mentoring, Early Childhood Mental Health Services; Maternal Depression Counseling Services; Psychiatric Services; Addiction Treatment

Additional Information: Offers faith-based services; Must have referral for home-based counseling services; Accepts Medicare, Medicaid, Medical Mutual, and Anthem

### **Ohio Health Grief Support**

Main (614) 566-5377

Toll-free (888) 389-6231

Bereavement Office (614) 533-6060

Support groups for all ages, including children, adolescents and adults; One-on-one counseling; Workshops about grief and loss; Expressive art therapy; Information and referral services

[griefsupport@ohiohealth.com](mailto:griefsupport@ohiohealth.com)

### **Ohio State University**

Wexner Medical Center Harding Hospital

[www.wexnermedical.osu.edu](http://www.wexnermedical.osu.edu)

1670 Upham Dr, Columbus, OH 43210

(614) 292-9560

Program: Young adult inpatient and Intensive Outpatient Program supporting students who may be struggling with mental health concerns and would benefit from learning coping skills in a group environment and who have reached majority age

### **The Practice**

<https://www.shannonjapmd.com/>

Child, adolescent & adult mental health; Psychiatric medication management, therapy/counseling (individual, couples/marriage, family, group), psychological testing,

571 N. High Street, Suite 11& 12

Potential patients email: [info@shannonjapmd.com](mailto:info@shannonjapmd.com)



**Providers for Healthy Living**

<https://www.providersforhealthyliving.com/>

Psychiatric medication management, therapy/counseling (individual, couples/marriage, family, group), psychological testing, EMDR, DBT, art therapy, biofeedback, hypnotherapy, nutrition/dietitian consults/counseling, and weight loss/management services to patients from 3 to 55.

Hilliard - 3535 Fishinger Blvd, Suite 110; Gahanna - 540 Officenter Pl, Suite 160; Mansfield - 1221 S. Trimble Rd, Building C; Lewis Center - 8351 N. High St, Suite 155  
(614) 664-3595

**Rosemont Center**

[www.rosemont.org](http://www.rosemont.org)

2440 Dawnlight Ave. Columbus, Ohio 43211  
(614) 416-8709 or (614) 471-2626

Programs: Office-based individual and family counseling and psychiatry, case management services, foster care services, in-home services, sexual abuse treatment, intensive and partial hospitalization services for children with severe mental disorders; Offers a wide range of services for children and teens with school difficulties, ADHD, aggression, anger, involvement in the criminal justice system, sexual abuse, bipolar disorder, depression and other general mental health issues. They will see children with substance abuse problems but it needs to be a secondary problem (and not the major diagnosis). Eligibility: males and females, all ages up to age 19 Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay Referral: individuals may refer themselves or be referred by a physician or organization

**St. Vincent Family Center**

[www.svfc.org](http://www.svfc.org)

1490 E. Main St. Columbus, Ohio 43205  
(614) 252-0731

Programs: intensive services and partial hospitalization for children with severe behavioral and emotional challenges, case management services, specialized Hispanic and Latino services, residential programs, help for children at risk of being expelled from school or at risk of being placed in foster care, office-based counseling and psychiatry, generally no substance abuse or eating disorder counseling Eligibility: males and females, ages 2 to 18 Cost: government insurance (Medicaid, Molina, Caresource), self-pay (sliding scale fees based on income), only occasionally private insurance Referral: individuals may refer themselves or be referred by a physician or organization

**Southeast, Inc. Brooks Building Kids Program**

[www.southeastinc.com](http://www.southeastinc.com)

700 Bryden Rd. Columbus, Ohio 43215  
(614) 360-0200

Programs: office-based group and individual counseling for general mental health programs (ADHD, bipolar disorder, depression, behavior problems and more), psychiatry, family counseling, school programs Eligibility: males and females, age 3 and older Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician



**Specialized Alternatives for Families and Youth (SAFY)**

www.safy.org

4615 Hilton Corporate Dr. Columbus, Ohio 43232

(800) 590-7239 or (614) 729-2024

Programs: office-based individual and group counseling, psychiatry services, diagnostic assessment, in-home services, foster care services, juvenile justice programs and teen parenting classes. They primarily work with youth and families involved in the foster care system (or at risk for foster care placement), but they have expanded their mental health services to include children not involved in the foster care system as well. Eligibility: males and females, ages 4 to 21, including kids in foster care and kids not involved in the foster care system

**Stonewall Columbus**

<https://stonewallcolumbus.org>

1160 N High Street, Columbus, OH 43201

(614) 299-7764

Programs: Comprehensive services and supports for the Greater Columbus LGBTQ+ community. Counseling, Veteran's support, Trans resources, Peer support, Advocacy

**Syntero**

<https://www.syntero.org/>

(614) 889.5722 ext 133

Multiple locations in Columbus, Dublin, and Lewis Center

Programs: individual, group, and family therapy; marriage therapy; medication management; medication assisted treatment (MAT) for substance use (currently accepting most commercial insurance plans); LGBTQ+ supports; school based supports

Telehealth available

Referral: individuals refer themselves

**Vertava Health**

[www.vertavahealth.com](http://www.vertavahealth.com)

6880 Perimeter Dr., Suite B, Dublin, OH 43017 (614) 665-1546

110 Polaris Parkway, Suite 210, Westerville, OH 43082 (614) 635-7931

Programs: individual, group, and family therapy; marriage therapy; intensive outpatient services (IOP); partial hospitalization program (PHP); medication management; medication assisted treatment (MAT) for substance use (currently accepting most commercial insurance plans)

Referral: individuals refer themselves

**Youth Advocate Services (YAS)**

[www.yasohio.org](http://www.yasohio.org)

825 Grandview Ave. Columbus, Ohio 43215

(614) 258-9927 t

Programs: individual and group counseling for youth with significant at-risk behaviors, psychiatry, assessment services, family counseling, in-home services, case management services, substance abuse counseling, services for children in the foster care system and also at-risk children who are not involved in the foster care system

Eligibility: males and females, all ages up to 21 Cost: government insurance (Medicaid, Molina, Caresource)

only, no private insurance or self-pay Referral: individuals may refer themselves but are typically referred through other agencies, community programs, or schools



## INDIVIDUAL AND FAMILY SERVICES: PRIVATE PRACTICE

**TIP:** When seeking therapists, look for someone who uses Interpersonal Psychotherapy, Cognitive Behavioral Therapy, or Family Therapy, or a combination of these. In general, these approaches have the strongest support in the scientific literature for counseling children.

Associates in Counseling  
(740) 522-4672  
[www.associatesincounseling.org](http://www.associatesincounseling.org)

Attunement Counseling and Assessment  
Mariah Koons, Licensed School Psychologist  
333 W. Coshocton St., Johnstown, OH 43031  
(614) 75809762  
Email: @attunement.ohio

William Benninger, Ph.D.  
(614) 888-2343

Jolie Brams, Ph.D. & Associates  
(614) 457-0077

The Center for Balanced Living  
(614) 293-9550  
[www.centerforeatingdisorders.org](http://www.centerforeatingdisorders.org)

Columbus Behavioral Health  
<https://www.columbusbehavioralhealth.com>  
Jaclyn Groh, LISW-S  
Laura Davis, CNP, Psychiatric Nurse Practitioner  
5071 Forest Drive  
Suite B  
New Albany, OH 43054  
(614) 360-2600

Andrew Colvin, PhD  
(614) 430-9870

Karen S. Cowie, LISW-S, LICDC  
(740) 507-6707  
[www.midohiocounseling.com](http://www.midohiocounseling.com)

Debbie E. Dickson, MSW, LISW-S  
(740) 587-282

Granville Counseling Center  
Meg Grossman, LISW  
L. Darlene Compton, LISW-S  
(740) 587-1720



Hygge Behavioral Health and Wellness  
594 Newark-Granville Road  
Granville, OH 43023

Cynthia McElroy, LISW, LICDC  
(740) 587-2902

New Heights Counseling Services  
-Johnstown location available-  
(614) 918-8349  
[intake@newheightscounselingservices.com](mailto:intake@newheightscounselingservices.com)

Newark-Granville Psychological & Counseling Services  
(740) 587-5252  
[www.ngpcs.com](http://www.ngpcs.com)

Calisa Nickelson  
Seasons Life Coaching and Counseling  
Gahanna, Ohio 43230  
(614) 210-3282

The OSU Couple and Family Therapy Clinic  
Ste 110 Bevis Hall, 1080 Carmack Rd  
Columbus, OH 43210  
(614) 292-3671

Mackenzie Peterson, PhD  
(740) 587-0222

Providers for Healthy Living: Gahanna  
(614) 664-3595

Psychological Consultants & Affiliates, Inc.  
(740) 522-2230  
[www.psychologicalconsultants.net](http://www.psychologicalconsultants.net)

Beth Rosner, PhD LLC  
Westerville, Ohio 43081  
(614) 383-9987

Steven Schwartz, PhD & Associates  
(614) 841-1101

Well Within  
<https://wellwithingroup.com/>  
Psychiatric Nurse Practitioners  
Sarah Fortin, MS, APRN &  
Brian Howard, MS, APRN  
15 Bishop Drive, 2nd Floor  
Westerville, OH 43081/ (614) 392-5933



## PARENT SUPPORT GROUPS

Kitty Roahrig and Katie Burkhard, Parent Support Coordinators  
Mental Health America of Licking County  
65 Messimer Drive, Newark, Ohio 43055  
Direct Line: (740) 788-0353  
Main Line: (740) 522-1341  
Email: kroahrig@mhalc.org  
Website: [http://mhalc.org/?page\\_id=1604](http://mhalc.org/?page_id=1604)  
Services: Offers parent support groups all over Licking County. Subject to availability. Contact MHA to determine what groups are available and what would best meet your needs.

National Alliance on Mental Illness (NAMI), Inc.  
Provides mental health education, support, and advocacy.  
Hours are weekdays, TUESDAY, WEDNESDAY, THURSDAY 10:00 a.m. - 4:00 p.m. EST  
Phone: (740) 397-3088  
Email: [namiklcoho@embarqmail.com](mailto:namiklcoho@embarqmail.com)  
Address: 15 E. Vine Street FRONT, Mount Vernon, OH 43050

Jill Arnett  
Parent Mentor for Licking County Schools  
740.349-1630

## ON-LINE RESOURCES

Get Covered Ohio – Assistance with insurance coverage  
[www.getcoveredohio.org](http://www.getcoveredohio.org)

Ohio Children's Alliance  
Statewide advocacy organization for support of all Ohio children  
Offers links to community resources through "Find a Service" tab on main page  
<http://www.ohiochildrensalliance.org/>

Project AWARE Ohio  
Comprehensive listing of available on-line tools and resources  
[http://resources.oberlinkconsulting.com/uploads/compendiums/A\\_Collection\\_of\\_Mental\\_and\\_Behavioral\\_Health\\_Online\\_Resources.pdf](http://resources.oberlinkconsulting.com/uploads/compendiums/A_Collection_of_Mental_and_Behavioral_Health_Online_Resources.pdf)

The Trevor Project  
<https://www.thetrevorproject.org/>  
Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.