



Johnstown-Monroe Elementary School

September 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Alternate Lunch Options
Cereal Bar, Fruit & Fruit Juice	W.G. Muffin, Cheese Stick, Fruit & Fruit Juice	Cereal Pack, Fresh Fruit, & Milk	W.G. Muffin, Yogurt, Fruit & Fruit Juice	Cereal Bar, Fruit, & Fruit Juice	↓
31 Chicken Nuggets Mashed Potatoes Tossed Salad Carrot or Celery Pack Fruit Choice Milk	1 Mini Corn Dog Baked Beans Carrot or Celery Pack Fruit Choice Milk	2 General Tso's Chicken Steamed Rice Carrot or Celery Pack Fruit Choice Milk	3 Waffles Sausage Hash Browns Carrot or Celery Pack Fruit Choice Milk	4 Cheese Pizza Corn Tossed Salad Carrot or Celery Pack Fruit Choice Milk	Hamburger Sandwich PBJ Pocket Grape PBJ Served Mon, Wed, & Friday Strawberry PBJ Serve Tue & Thursday Turkey & Cheese Sandwich
NO SCHOOL	7 Calzone Corn Tossed Salad Carrot or Celery Pack Fruit Choice Milk	8 Cheeseburger Sandwich French Fries Carrot or Celery Pack Fruit Choice Milk	9 Pepperoni Pizza Green Beans Tossed Salad Carrot or Celery Pack Fruit Choice Milk	10 Pancakes Sausage Hash Browns Carrot or Celery Pack Fruit Choice Milk	11 Corn Dog PBJ Pocket Grape PBJ Served Mon, Wed, & Friday Strawberry PBJ Serve Tue & Thursday Ham & Cheese Sandwich
14 Chicken Stripes Smiley Face Potatoes Carrot or Celery Pack Fruit Choice Milk	15 Walking Taco Corn Refried Beans Carrot or Celery Pack Fruit Choice Milk	16 Pop Corn Chicken Rice Carrot or Celery Pack Fruit Choice Milk	17 French Toast Sausage Hash Browns Carrot or Celery Pack Fruit Choice Milk	18 Cheese Pizza Green Beans Tossed Salad Carrot or Celery Pack Fruit Choice Milk	Hamburger Sandwich PBJ Pocket Grape PBJ Served Mon, Wed, & Friday Strawberry PBJ Serve Tue & Thursday Turkey & Cheese Sandwich
21 Chicken Nuggets Baked Beans Carrot or Celery Pack Fruit Choice Milk	22 Calzone Corn Carrot or Celery Pack Fruit Choice Milk	23 Grilled Cheese Sandwich French Fries Carrot or Celery Pack Fruit Choice Milk	24 Pepperoni Pizza Green Beans Tossed Salad Carrot or Celery Pack Fruit Choice Milk	25 Waffles Sausage Hash Browns Carrot or Celery Pack Fruit Choice Milk	Corn Dog PBJ Pocket Grape PBJ Served Mon, Wed, & Friday Strawberry PBJ Serve Tue & Thursday Ham & Cheese Sandwich
28 Chicken Strips Tater Tots Carrot or Celery Pack Fruit Choice Milk	29 Walking taco Corn Refried Beans Carrot or Celery Pack Fruit Choice Milk	30 General Tso's Chicken Steamed Rice Carrot or Celery Pack Fruit Choice Milk	1 Pancakes Sausage Hash Browns Carrot or Celery Pack Fruit Choice Milk	2 Cheese Pizza Green Beans Tossed Salad Carrot or Celery Pack Fruit Choice Milk	Hamburger Sandwich PBJ Pocket Grape PBJ Served Mon, Wed, & Friday Strawberry PBJ Tue & Thursday Turkey & Cheese Sandwich

Meal Prices

Breakfast \$1.50	Lunch \$2.65
Reduced Breakfast \$0.30	Reduced Lunch \$0.40
Adult Breakfast \$2.00	Adult Lunch \$3.95
Extra Milk \$0.55	

Milk Choices: White, Chocolate, Strawberry or Vanilla
No substitutes are made for milk; a cup for water will be available.

Prepay for Meals!!!

- Cash or Check: Please make all checks payable to Johnstown-Monroe Local Schools. Place cash or check in an envelope or plastic bag with your student's name on it. Cost for a week (5 days) of lunches is \$13.25
- Online: The online system allows you to view student transactions, account balances, and set up email reminders for low balances
<https://www.spsezpay.com/Johnstownmonroe/login.aspx>

- Students will be allowed to charge their lunch in emergency situations; ex: student loses/forgets their lunch money or their account balance is low. It is expected to be paid the following day. There will be NO CHARGES after May 7th.
- Free and Reduced lunch applications are accepted all year and can be obtained at any school office or online at <https://www.lunchapp.com/> If a student receives a free lunch, breakfast is also free.

Additional Notes:

- Menus are Subject to change due to availability of foods and unplanned school closings.
- A variety of breakfast items are offered daily which include 100% juice, a fruit and milk. A complete breakfast includes an entrée, juice or fruit, and milk. A student is required to take at least ½ cup of a fruit or juice for a complete breakfast.
- Alternate Lunch Options may be substituted for the main entrée that is posted for the corresponding week. A peanut butter or cheese sandwich will be substituted upon request.
- We cannot guarantee trace values of allergens due to manufacture production, alterations, substitutions or recipe changes.

Johnstown-Monroe Local Schools participates in the National School Lunch Program.

A complete lunch meal consists of 5 components: an entrée, which is 2 components (a protein and a whole grain), a fruit, a vegetable, and milk. Students must select at least 3 of the 5 components, one of which must be either a fruit or vegetable.