

Raising **CONFIDENT,** **COMPETENT CHILDREN**



for every parent



Thursday, February 18, 2021
6:30 – 8:00 p.m.

You are invited to attend a **virtual Triple P parent seminar** hosted by Our Futures in Licking County.

This seminar:

- is **free**
- will be held **live on Zoom**
- welcomes all parents, grandparents and caregivers

Please register by calling **(740) 522-1234, ext. 22**, or email TriplePSeminar@hotmail.com at least four days prior to seminar date.

You will receive a reminder and Zoom link prior to the seminar date you wish to attend.

Raising Confident, Competent Children is a **Triple P** seminar that helps lower the stress of parenting by equipping parents to:

- Encourage confidence in their children
- Help their children reach their own potential
- Enable their children to get along well with others

Triple P is a research-based, internationally-recognized, multilevel parent support program funded by Licking Memorial Health Systems and supported by Mental Health and Recovery of Licking and Knox Counties and Our Futures in Licking County.

96 percent of parents who have tried some of the **Triple P** strategies have seen an improvement in their child's behavior!



**Licking Memorial
Health Systems**