



SMALL CHANGES, BIG IMPROVEMENTS!

FREE Triple P Positive Parenting Program 5-Week Course Online

For parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 8. Learn how to get more of the behavior you like from your children and less of what you don't.

Classes held on Mondays

October 26, 2020 through November 23, 2020 from 6 – 8 PM

Live on Zoom, link will be provided prior to first discussion

Classes will cover:

- The power of positive parenting techniques
- What causes kids' behaviors
- Setting goals for change
- Tips on how to reconnect with your child and build your positive relationship
- Giving directions kids are likely to follow
- Recognizing progress and planning for the future

Each participant will also have 3 one-on-one phone sessions with the group leaders to make the information *really* work for their families.

For more information or to register call

Kitty Roahrig at 740-919-6905 or email kroahrig@mhalc.org



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter