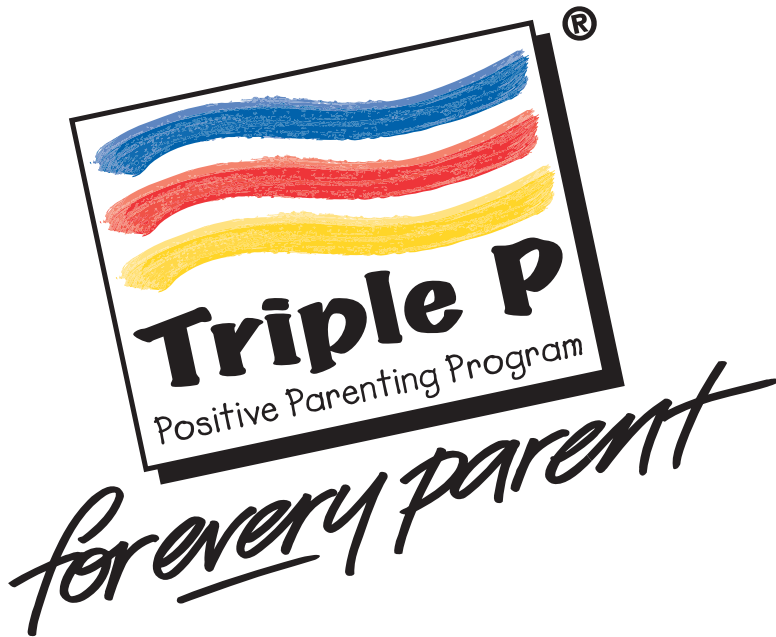


# Reducing **FAMILY CONFLICT**



**Thursday, April 27, 2023**  
**6:30 – 8:30 p.m.**

You are invited to attend a **virtual Triple P discussion group program** hosted by Our Futures in Licking County.

### **This program:**

- is **free**
- will be held **live on Zoom**
- welcomes all parents, grandparents and caregivers

Please register by calling **(740) 522-1234, ext. 22**, or email [TriplePSeminar@hotmail.com](mailto:TriplePSeminar@hotmail.com) at least four days prior to seminar date.

You will receive a reminder and Zoom link prior to the seminar date that you wish to attend.

### **Reducing Family Conflict** is a **Triple P**

discussion group program that will help you deal with the day-to-day challenges of parenting teens. Many parents find that conflict between siblings and among family members increases as children move into the teenage years. It can be quite a challenge to know when to intervene in an argument or how to remain calm if you become involved. This program will give you some practical suggestions to help you teach your teens to solve problems peaceably, as well as how to manage problems if you do have family conflict. You will learn how to help your child deal with disagreements without becoming aggressive and how to promote family harmony.

**Triple P** is a research-based, internationally-recognized, multilevel parent support program funded by Licking Memorial Health Systems and supported by Mental Health and Recovery of Licking and Knox Counties and Our Futures in Licking County.

96 percent of parents who have tried some of the **Triple P** strategies have seen an improvement in their child's behavior!

